

# GCCARD EARLY HEAD START PHYSICAL EXAMINATION/ASSESSMENT FOR A PREGNANT FEMALE

The following information is requested so that we can work together to meet your physical, intellectual, and emotional needs. Fill out the information on the front page; the information on the back is to be completed by a doctor, nurse or physician assistant. This information is strictly confidential.

## PERSONAL INFORMATION

NAME: \_\_\_\_\_ B.D. \_\_\_\_\_ PHONE: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

**MEDICAL HISTORY** What is your due date? \_\_\_\_\_

Is this your first pregnancy?     No     Yes    Comment \_\_\_\_\_

Do you have dental problems or sore mouth, teeth or gums?     No     Yes    \_\_\_\_\_

Do you have or been told you have any of the following:

HEALTH CONDITION	NO	YES	EXPLAIN (YES RESPONSES)
High Blood Pressure			
Diabetes			
Heart Disease/Trouble			
Asthma			
Immune Problem			
Food Allergy			
Other Allergies			
When did you start prenatal care? _____			
Other High Risk Factors: _____ _____			

Do you take any medications regularly?     No     Yes     Prescription     Vitamins

If yes, what medication(s): \_\_\_\_\_

Reason for medication(s): \_\_\_\_\_

I certify that this health history is true, to the best of my knowledge:

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

I give permission for this information to be shared between GCCARD Early Head Start and my Health Care Provider: \_\_\_\_\_

\_\_\_\_\_  
SIGNATURE

\_\_\_\_\_  
DATE

**PHYSICAL EXAMINATION, INSPECTION, TEST, AND MEASUREMENTS (To be completed by Physician)**

EXAMINATION/TEST	RESULTS	NORMAL	UNDER CARE
Vision Exam? <input type="checkbox"/> Left Eye <input type="checkbox"/> Right Eye			
Hemoglobin/Hematocrit?			
Urinalysis?			
Blood Pressure?			
Height?			
Weight?			

**ESSENTIAL FINDINGS DEVIATING FROM NORMAL AND/OR RECOMMENDATIONS**

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**COMMENTS**

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EXAMINER'S SIGNATURE      DATE      EXAMINER'S NAME (PRINT OR TYPE)      DEGREE/LICENSE

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NUMBER & STREET      CITY      ZIP      PHONE